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DELIVERY FEE \$14.95

SEE NEXT PAGE FOR DELIVERY AREAS AND DAYS

PICK UP AVAILABLE

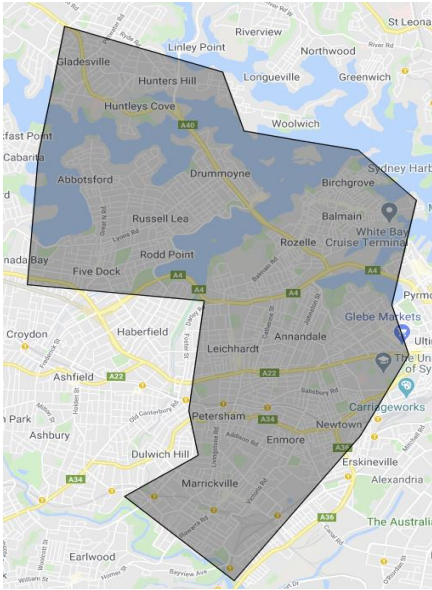
MONDAY TO FRIDAY

10AM - 12:30PM

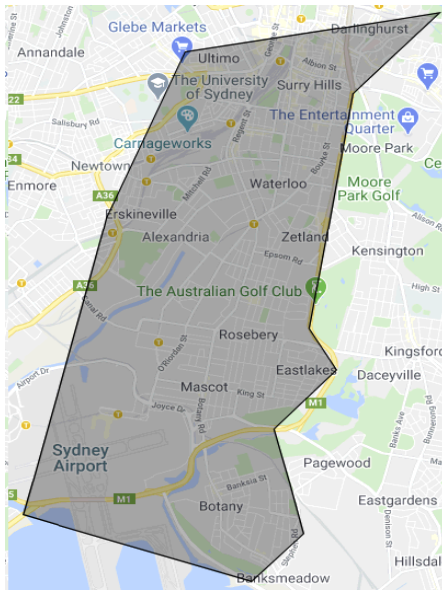


DELIVERY DAYS

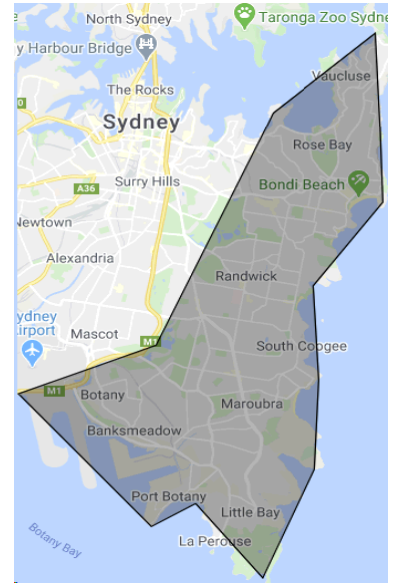
INNER WEST Tuesday & Friday



CITY SOUTH Monday & Thursday



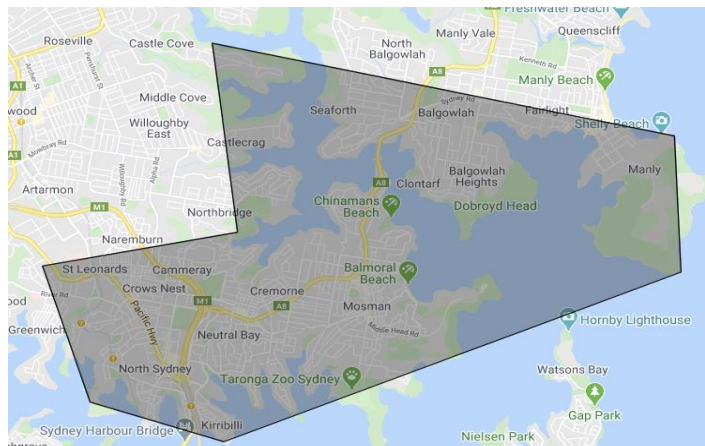
EAST Wednesday



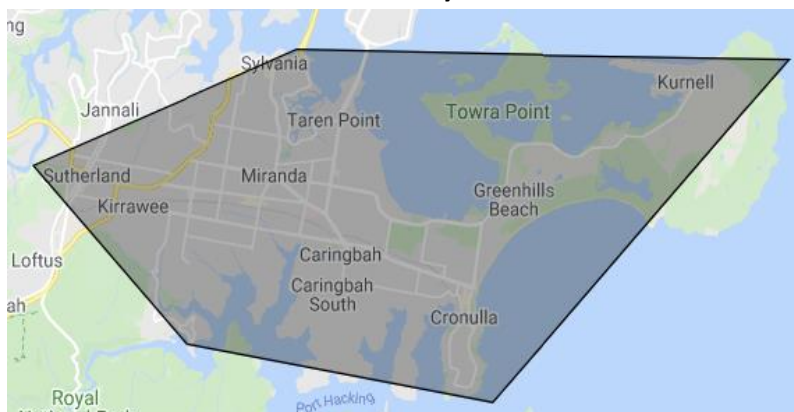
CITY Monday



NORTH Thursday



SOUTH Tuesday



*** Prices may change due to seasonality availability*

| Description | Price | U/M |
|--|----------|-----|
| BEEF | | |
| BEEF: Brisket | | |
| Beef Point End Brisket Wagyu (approx 7kg) | \$119.95 | EA |
| Beef Point End Brisket Wagyu Portioned (1kg) | \$26.95 | EA |
| BEE: Oyster Blade | | |
| Beef Oyster Blade Angus (approx 3kg) | \$72.95 | EA |
| BEEF Rib Eye/OP Rib | | |
| Beef OP Ribs Y Frenched (approx 500g) | \$20.95 | EA |
| Beef Tomahawk Steak (approx 1.2kg) | \$41.93 | EA |
| BEEF:Ribs | | |
| Beef Short Ribs (approx 1.2kg - 2 per pack) | \$31.95 | EA |
| Beef Short Ribs (approx 2.2kg) | \$47.95 | EA |
| BEEF:Rump | | |
| Beef Rostbiff Wagyu (approx. 2.2kg) | \$65.95 | EA |
| Beef Rostbiff Angus (approx 2.2kg) | \$63.95 | EA |
| Beef Rump Cap Wagyu Steak (approx 250g - 2 per pack) | \$9.95 | EA |
| BEEF:Scotch Fillet/Cube Roll | | |
| Beef Scotch Fillet Grassfed PREMIUM (approx 250g - 2 per pack) | \$14.95 | EA |
| Beef Scotch Fillet Grassfed (approx 250g - 2 per pack) | \$11.95 | EA |
| BEEF:Shin / Bones / Stock | | |
| Beef Shin Shank Wagyu (approx 2kg) | \$29.95 | EA |
| BEEF:Sirloin/Striploin | | |
| Beef Angus Sirloin Grassfed (approx 250g - 2 per pack) | \$8.95 | EA |
| BEEF:Skirt / Flank / Flap | | |
| Beef Angus Flap Meat Bavette (approx 4kg) | \$68.95 | EA |
| Beef Angus Flank Steak (approx 600g - 2 per pack) | \$13.95 | EA |
| Beef Onglet/Thick Skirt (approx 1kg - 2 per pack) | \$24.95 | EA |
| Beef Inside Skirt Angus (approx 1.5kg) | \$21.60 | EA |
| BEEF:Tenderloin/Eye Fillet | | |
| Beef Angus Tenderloin / Eye Fillet (approx 180g - 2 per pack) | \$12.95 | EA |
| BISCUIT | | |
| 250g Lavosh Kurrajong Kitchen | \$6.93 | EA |
| 110g Tuckers Gourmet Caramelised Onion Crackers | \$2.66 | EA |
| 110g Tuckers Gourmet Supergrain Crackers | \$2.66 | EA |
| DAIRY | | |
| DAIRY:Cheese:Cheddar/Swiss | | |
| 1.2kg Barbers Cheddar | \$43.95 | EA |
| Dutch Ementhal Maasdam (approx 3kg) | \$63.95 | EA |
| DAIRY:Cheese:Fetta | | |
| 1kg Bulgarian Sheep Feta (Sirene) | \$14.75 | EA |
| 2.3kg Feta Cows Milk Marinated Binnorie | \$49.95 | EA |
| DAIRY:Cheese:Goats Cheese | | |
| 150g Chevre Ashed Meredith | \$7.00 | EA |
| 1kg Meredith Chevre Goats Log | \$28.75 | EA |
| DAIRY:Cheese:Haloumi | | |
| 800g Paesanella Halloumi Cheese | \$9.95 | EA |
| 200g Paesanella Halloumi Cheese | \$2.95 | EA |
| DAIRY:Cheese:Mozzarella | | |
| 125g Frozen Italian Buffalo Mozzarella Salicella (24 per carton) | \$4.15 | EA |
| 125g Frozen Burrata Sorrentina - Product of Italy | \$4.20 | EA |
| 500g Fior di Latte (Smoked Mozzarella Ball) | \$9.20 | EA |

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| Description | Price | U/M |
|---|---------|-----|
| DAIRY:Cheese:Parmesan Cheese | | |
| 2kg GRATED Grana Padano | \$55.95 | EA |
| DAIRY:Cheese:Ricotta | | |
| Salted Ricotta (approx 300g) | \$13.95 | EA |
| DAIRY:Cheese:Washed Rind | | |
| Taleggio (Italy) approx. 500g | \$19.50 | EA |
| DAIRY:Cheese:White Mould | | |
| Brie (approx 250g) | \$7.95 | EA |
| DAIRY:Fresh Dairy | | |
| 250g Italian Mascarpone DOP Arrigoni | \$5.95 | EA |
| FRUIT | | |
| 500g Golden Raisins | \$8.20 | EA |
| 2.25kg Preserved Lemons (Princess Pantry) | \$38.00 | EA |
| 240g Quince Paste Natural | \$4.35 | EA |
| GRAINS/PULSES/FLOUR | | |
| 1kg Grade A Chickpeas | \$6.00 | EA |
| 2kg Farro Mt Zero | \$18.75 | EA |
| 400g Freekeh Cracked | \$5.95 | EA |
| 750g Riseria Molinaro Yellow Polenta | \$4.55 | EA |
| 750g Riseria Molinaro White Polenta | \$4.95 | EA |
| 1kg Organic Quinoa Royal White | \$23.50 | EA |
| 1kg Organic Quinoa Black | \$26.00 | EA |
| 1kg Organic Red Quinoa | \$22.00 | EA |
| LAMB | | |
| LAMB:Forequarter Shoulder | | |
| Lamb Forequarter Bone In Oyster Cut | \$18.75 | KG |
| Lamb Bone In Forequarter SQ/Cut | \$13.50 | KG |
| LAMB:Legs | | |
| Lamb Leg - Bone In | \$18.95 | KG |
| Lamb Leg Boneless | \$23.95 | KG |
| LAMB:Rack | | |
| Lamb Rack CFO ALC Cap On | \$29.95 | KG |
| MINCE | | |
| Beef Mince | \$12.00 | EA |
| Pork Mince | \$14.50 | EA |
| Veneto Fennel Pork Mince FROZEN | \$14.70 | EA |
| MUSTARD/HORSERADISH | | |
| 250g Dijon Mustard Newmans | \$4.00 | EA |
| 250g Seeded Mustard Newmans | \$4.00 | EA |
| 250g Hot English Mustard Newmans | \$4.00 | EA |
| OLIVES | | |
| OLIVES:Green | | |
| 3kg Giant Green Kalamata - Australian Olives | \$44.95 | EA |
| 2.5kg Gordal Reina - Perello Spanish Green Olives *Usually \$51 | \$42.00 | EA |
| 3.5kg Hardys Mammoth Green Olives | \$47.25 | EA |
| 500g Organic Wallis Olives | \$9.75 | EA |
| 5kg Sicilian Green Olives | \$61.95 | EA |
| 3kg Verdale Australian Green Olives | \$41.05 | EA |

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| Description | Price | U/M |
|--|----------|-----|
| OLIVES:Kalamata | | |
| 3kg Kalamata - Australian Olives | \$40.50 | EA |
| OLIVES:Manzanillo | | |
| 3.5kg Black Manzanillo - Australian Olives | \$47.25 | EA |
| OLIVES:Mixed | | |
| 3.5kg 4 Varietal Mix -Australian Olives (Kalamata, Black Manzanillo, Green Manzanillo, Ligurian) | \$48.30 | EA |
| OLIVES:Pitted Olives | | |
| 3.5kg Pitted Kalamata Olives Australian Olives | \$44.10 | EA |
| OLIVES:Small | | |
| 3kg Ligurian Olives - Australian | \$47.50 | EA |
| 3.75kg Organic Minimata Olives *Usually \$58.50 | \$47.50 | EA |
| 3kg Wild - Australian Olives (Koroneiki) | \$41.55 | EA |
| OLIVE OIL | | |
| OOILS:Olive Oils 20L | | |
| 20L N&S Chef's EVOO | \$185.00 | EA |
| 20L N&S Hojiblanca EVOO | \$220.00 | EA |
| 20L N&S Lemon EVOO | \$195.00 | EA |
| 20L N&S Mallee Gold | \$185.00 | EA |
| 20L N&S Picual EVOO | \$220.00 | EA |
| OOILS:Olive Oils 4L | | |
| 4L N&S Chef's EVOO | \$49.00 | EA |
| 4L N&S Hojiblanca EVOO | \$55.30 | EA |
| 4L N&S Lemon Oil EVOO | \$60.00 | EA |
| 4L N&S Mallee Gold | \$46.30 | EA |
| 4L N&S Novello EVOO | \$50.00 | EA |
| 4L N&S Picual EVOO | \$49.50 | EA |
| OOILS:Olive Oils Bottles | | |
| 750ml N&S Chef's EVOO | \$16.65 | EA |
| 750ml N&S Hojiblanca EVOO | \$19.95 | EA |
| 750ml Lemon EVOO | \$16.95 | EA |
| 750ml N&S Picual EVOO | \$18.65 | EA |
| OOILS:Other Oils | | |
| 250ml Infused Black Truffle Oil (La Tourangelle) | \$20.50 | EA |
| 250ml Infused White Truffle Oil (La Tourangelle) | \$20.50 | EA |
| 1L N&S Lemon Oil EVOO ****N&S ONLY**** | \$163.25 | EA |
| 250ml Avocado Oil | \$11.75 | EA |
| 5L Grape Seed Oil | \$49.95 | EA |
| 500ml Black Truffle Infused EVOO | \$36.45 | EA |
| 500ml White Truffle Infused EVOO | \$43.90 | EA |
| 250ml Walnut Oil | \$8.40 | EA |
| PANTRY ITEMS | | |
| 1kg Ripe Harvest Brazil Coffee Beans | \$39.95 | EA |
| 1kg Ripe Harvest 227 Plus Coffee Beans | \$39.95 | EA |
| 1L Keejo Maple Syrup (Canada) | \$26.80 | EA |
| 1.1kg Royal Line Mayonnaise | \$7.95 | EA |
| 850g Sauerkraut | \$3.60 | EA |
| 450g Truffle Honey | \$26.25 | EA |
| 1g Saffron Filament - Product of Iran | \$6.95 | EA |
| 10g Saffron Threads - Product of Iran | \$52.50 | EA |
| PASTA | | |
| 500g Toasted Du Pastori Fregola Sarda | \$11.20 | EA |
| 1kg Moghrabiah Cous Cous..(Lebanon) | \$7.00 | EA |

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|--|----------|-----|
| PORK | | |
| PORK:Belly | | |
| Pork Belly Boneless Free Range Hormone Free Gooralie FROZEN | \$18.20 | KG |
| PORK:Middle / Loin / Porchetta | | |
| Pork Loin Roast Free Range Gooralie FROZEN | \$10.40 | KG |
| Pork Loin Boneless Skin On Rolled (porchetta) 6kg FROZEN | \$20.80 | KG |
| PORK:Neck /Collar Butt / Scotch | | |
| Pork Neck/Scotch Free Range Hormone Free Gooralie | \$16.25 | KG |
| Pork Tenderloin Free Range Hormone Free Gooralie FROZEN | \$17.50 | KG |
| PORK:Rack | | |
| Pork Rack Rind On Free Range Hormone Free Gooralie | \$17.50 | KG |
| PORK:Rib | | |
| Pork Loin Ribs - Pre Cooked 6kg | \$99.50 | EA |
| PORK:Shoulder / Forequarter | | |
| Pork Shoulder Boneless Skin OFF Free Range Hormone Free Gooralie | \$11.70 | KG |
| Whole Suckling Pig Free Range Hamrock | \$240.00 | EA |
| POULTRY | | |
| POULTRY:Chicken:Breast / Wing / Supreme | | |
| Chicken Breast Fillet 1KG | \$12.95 | KG |
| Chicken Wings 1KG | \$4.20 | KG |
| Chicken Tenderloins 1KG | \$10.60 | KG |
| POULTRY:Chicken:Leg / Thigh | | |
| Chicken Drumsticks 1KG | \$4.50 | KG |
| Chicken Maryland 1KG | \$6.00 | KG |
| Chicken Thigh Fillet 1KG | \$10.95 | KG |
| Duck Marylands FROZEN (10 per pack - approx 2kg) | \$29.95 | KG |
| RICE | | |
| 1kg Riseria Molinaro Carnaroli | \$8.10 | EA |
| SALT | | |
| 250g Murray River Pink Salt Flakes | \$5.60 | EA |
| 500g Murray River Pink Salt Flakes | \$9.37 | EA |
| SEAFOOD | | |
| SEAFOOD:Anchovies | | |
| 600g Anchovies | \$18.69 | EA |
| 500g Nassari Spanish Anchovy Brown *Usually \$67.50 | \$65.00 | EA |
| 250ml Angelachu Garum (Anchovy Brine) | \$65.00 | EA |
| 500g Nassari Spanish Anchovy White *Usually \$43 | \$39.60 | EA |
| 1kg Marinated White Anchovies Fillets in Tray | \$29.95 | EA |
| 115g Angelachu Anchovies Fillets (Spain) | \$22.97 | EA |
| SEAFOOD:Tuna | | |
| 200g Zarotti Tuna Loin in Olive Oil | \$6.50 | EA |
| 425g Tuna in Oil - Sirena | \$7.70 | EA |
| SMALLGOODS | | |
| SMALLGOODS:Bacon | | |
| Bacon Rindless 2.5kg | \$19.95 | KG |
| Bacon Rindless 500g | \$19.95 | KG |
| Bacon Streaky Thin 2.5kg | \$19.95 | KG |
| Bacon Streaky Thin 500g | \$19.95 | KG |
| SMALLGOODS:Belly Section | | |
| Spec Smoked Balzanelli | \$29.95 | KG |
| Round Pastrami Whole | \$20.30 | KG |
| SMALLGOODS:Bresaola | | |
| Bresaola Papandrea (Air Dried Beef) | \$48.30 | KG |
| Bresaola Wagyu Spiess Whole (Air Dried) | \$72.50 | KG |

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| Description | Price | U/M |
|---|---------|-----|
| SMALLGOODS:Ham | | |
| 1kg Double Smoked Leg Ham Thin Sliced | \$23.40 | EA |
| SMALLGOODS:Salami | | |
| Wagyu Salami | \$36.95 | KG |
| Pepperoni Salami (Cacciatore) | \$29.77 | KG |
| Salamanca Salami | \$23.25 | KG |
| Salchichon Salami | \$33.75 | KG |
| Truffle Salami | \$29.50 | KG |
| SMALLGOODS:Sausages | | |
| Kangaroo and Bush Tomato Sausages Something Wild | \$16.00 | KG |
| Lomo - Cured Pork Loin | \$44.95 | KG |
| Mortadella Half | \$19.95 | KG |
| Sausage Pork & Fennel Thick | \$17.85 | KG |
| Sobrassada (Chorizo Paste) approx 1kg | \$13.50 | KG |
| SMALLGOODS:Sliced | | |
| 1kg Double Smoked Leg Ham Thin Sliced | \$23.40 | EA |
| 500g Sliced Serrano El Conquistador | \$17.60 | EA |
| TOMATO | | |
| 10kg Fine Crushed Tomato Pomi | \$16.90 | EA |
| VANILLA | | |
| 100g Vanilla Beans Packet | \$95.20 | EA |
| 100ml Vanilla Bean Paste Chef's Choice | \$22.50 | EA |
| 500ml Vanilla Extract | \$79.80 | EA |
| VEGETABLES | | |
| VEGETABLES:Artichokes | | |
| 2kg Artichokes with Stem in Oil tray | \$35.25 | EA |
| VEGETABLES:Capers | | |
| 1kg Caperberries in Vinegar | \$7.25 | EA |
| 1kg Jar Fine Capers In Vinegar | \$20.25 | EA |
| 2kg Caper Lilliput in Brine Fino | \$40.50 | EA |
| VEGETABLES:Cornichon/Pickle | | |
| 4.1kg Cornichons Chef's Choice | \$30.80 | EA |
| 3kg Dill Pickles Eskal Mild | \$10.95 | EA |
| VEGETABLES:Fungi/Mushroom | | |
| 500g Forest Mixed Mushrooms *Usually 32.95 | \$23.50 | EA |
| 500g Italian Porcini Extra Original Fungo | \$58.00 | EA |
| 120g Black Truffle Paste | \$54.00 | EA |
| VEGETABLES:Peppers:Paprika | | |
| 1kg Sweet Smoked Spanish Paprika Los Extremedos | \$20.95 | KG |
| 1.1kg Banderilla Picantes | \$20.00 | EA |
| 2.8kg Chipotle Pepper Adobo Sauce | \$19.60 | EA |
| 3.675kg Piperrak Guindilla Green Pickled Peppers (1.435kg drained weight) | \$58.80 | EA |
| 2kg Mild Chillies Benino | \$10.50 | EA |
| 2.5kg Piquillo Peppers | \$22.50 | EA |
| VERJUS | | |
| 750ml Maggie Beer Verjus | \$14.00 | EA |

| Description | Price | U/M |
|--|---------|-----|
| VINEGAR | | |
| VINEGAR:Balsamic | | |
| 1L Cintra Caramelised Balsamic Vinegar | \$18.20 | EA |
| 5L Don Cesare Balsamic Vinegar of Modena | \$19.70 | EA |
| 250ml Giusti Gold Medals (White Label) Balsamic Vinegar | \$15.50 | EA |
| 250ml Giusti Rich & Thick (Red Label) Balsamic Vinegar | \$23.95 | EA |
| 500ml Vinegar Balsamic White SJ | \$8.15 | EA |
| 5L Cintra Caramelised Balsamic Vinegar | \$84.00 | EA |
| 5L LiraH Apple Balsamic | \$31.95 | EA |
| 5L White Balsamic | \$31.00 | EA |
| VINEGAR:Cider | | |
| 5L Cider Vinegar | \$15.50 | EA |
| 500ml Aged Cider Vinegar | \$13.50 | EA |
| 750ml LiraH Sweet Apple Vinegar | \$15.75 | EA |
| VINEGAR:Red | | |
| 500ml N&S Clare Valley Cabernet Vinegar **Usualy 15.75** | \$9.95 | EA |
| 500ml Vinegar Cabernet Forum | \$26.30 | EA |
| 5L Cintra Estate Claret Vinegar | \$49.95 | EA |
| 1L Cintra Caramelised Red Wine Vinegar *Usually \$18.20 | \$14.99 | EA |
| 5L Cintra Caramelised Red Wine Vinegar | \$52.00 | EA |
| 1L N&S Sweet Red Balsamic Vinegar *Usually \$24.70 | \$15.50 | EA |
| 500ml Raspberry Vinegar | \$4.20 | EA |
| 5L Red Wine Vinegar Beaufort | \$15.00 | EA |
| 750ml LiraH Aged Sweet Cabernet Vinegar | \$19.60 | EA |
| VINEGAR:Sherry | | |
| 5L Sherry Vinegar | \$36.25 | EA |
| 750ml Gran Gusto D.O Sherry Vinegar De Jerez | \$12.90 | EA |
| 750ml Bodegas Argueso Sherry Vinegar *Usually 11.50 | \$8.95 | EA |
| VINEGAR:Vincotto/Maple | | |
| 1L Cintra Estate Vincotto *Usually \$23ea | \$19.95 | EA |
| 5L Cintra Estate Vincotto \$168 | \$99.75 | EA |
| 1L Cintra Estate Chardonnay Vincotto | \$19.60 | EA |
| VINEGAR:White | | |
| 750ml LiraH Aged Chardonnay Vinegar Usually \$18.50 | \$15.50 | EA |
| 5L Champagne Vinegar | \$20.75 | EA |
| 1L Cintra Chardonnay Vinegar | \$9.80 | EA |
| 5L Cintra Chardonnay Vinegar | \$37.10 | EA |
| 750ml Champagne Vinegar | \$5.95 | EA |
| 500ml Vinegar Chardonnay Forum | \$36.40 | EA |
| 500ml Tarragon Vinegar PGF France | \$4.65 | EA |
| 5L White Wine Vinegar San Mauro | \$10.50 | EA |